

Credits:

Books:

Mating Scars written by Scott L. Miller

Prodigal written by Scott L. Miller

Own the Menopause, 12 Weeks – For Women Over 40 Nonhormonal Relief vs HRT and NK3 Explained Pelvic Floor Sleep Metabolism Perimenopause Brain Fog and Stress Sex and Libido Meditations and Hypnosis written by Nola Quell narrated as Alma Studios

God, Satan, and Mr. Job: Answers to Life's Puzzling Questions Revised Edition written by F. Cornelius Ogundele, Ph.D.

The Ultimate Guide to Alpha-Gal Syndrome; A Functional Approach to Relief, Investigation, and Recovery written by J. Dette Avalon

Quit Smoking Hypnosis for Women: 10+ Guided Hypnosis Sessions Based on Proven Hypnotherapy Techniques to Stop Smoking, Reduce Cravings, and Feel Free in Your Body Again written by Helen Hill Narrated as Claire Turner

Pregnancy & Postpartum Atlas for First-Time Moms; 10 Keys to Keep Your Couple Thriving; From Fertility Prep to Newborn Care, Fuel Diet, Balance Emotions, Restore Vitality, Tackle Motherhood as a TEAM written by Nora Will

Narcissism Unmasked: The Complete Guide to Healing from Toxic Relationships, Trauma, Gaslighting, Narcissistic Abuse, Codependency, and Complex PTSD written by Allison Brown

Overthinking in Relationships: Rewire Your Anxious Brain to Stop Toxic Thoughts, Let Go of Unhealthy Relationships, Cut Negative Spirals, and Find Emotional Freedom written by Allison Brown

The Overcoming of Social Anxiety Through the Journey of Self-Discovery & Empowerment: Unlocking Confidence, Building Resilience, Strengthening Connections, and Embracing Authenticity written by Caroline Russell, Ph.D.

Releasing the Chains of Self-Blame: Embracing Self-Forgiveness & Healing; Unraveling the Roots of Ager and Self-Blame; Psychological, Cultural, and Familial Origins and Their Impact on Mental and Emotional Well-being written by Carolyn Russell, Ph.D.

Healthy Longevity in the 21st Century; Redefining Aging, Empowering Vitality, and Challenging Ageism for a Thriving Future written by Carolyn Russell, Ph.D.

Integrative Medicine for Mental Health: Combining Conventional Therapies with Modern Science Through Holistic Practices – Increased Patient Involvement, Reduced Drug Reliance written by Carolyn Russell, Ph.D.

Your Gut Instinct: Practical & Therapeutic Approaches to Enhancing the Gut-Brain Connection written by Carolyn Russell, Ph.D.

How to Prevent the Chronic Disease of Obesity - Sustainable Solutions for a Healthy Future: Breaking Barriers, Building Habits, Reducing Risks, and Thriving written by Carolyn Russell, Ph.D.

Restorative Sleep: Unlocking the Secrets to Deep Sleep & Cellular Healing – Revitalize Your Body, Strengthen Immunity, Lift Your Mood, Support Longevity written by Carolyn Russell, Ph.D.

The New (Peri)menopause With Mindfulness – The 7 Keys to Master Hormonal Changes, Crush Stress, Sleep Issues & Weight Gain with Meditation, Yoga Nidra, Fitness & a Diet Plan for Vulvar & Vaginal Health written by Emily Munroe

Co-Parenting and Parallel Parenting with a Narcissist – Practical Solutions written by Lena Danvers narrated as Emma Wilson

Fast Forward and Other Stories written by Delia De Santis

New Dads, A Basic Guide to Supporting the Breastfeeding Mother; Essential Knowledge for New Fathers, Mothers, Parents & Support People written by H. Mae Scott IBCLC, IAIM, BA

Rapid Weight Loss Hypnosis for Women: The Best Hypnotherapy Techniques to Lose Weight, Overcome Emotional Eating, Stop Food Addiction, Appetite Control and Get a Weight Loss Mindset written by Helen Hill narrated as Claire Turner

Feminine Energy and Femme Fatale – The Complete Guide: Unleash Your Divine Energy and Free Your Femme Fatale | Healing Meditations, Awakening Affirmations, Dark Feminine Secrets written by Victoria Garcia narrated as Emma Wilson

Feminine Energy Manifestation: 28 Day Challenge for Awakening and Healing Your Divine Feminine Energy | Meditations and Affirmations Included written by Victoria Garcia narrated as Emma Wilson

Femme Fatale and Dark Feminine Energy – Secrets Revealed: Unleash Your Inner Femme Fatale and Become an Alpha Woman | Manifesting & Positive Affirmations Included written by Victoria Garcia narrated as Emma Wilson

Love Online written by Baily Cox

Soprano in the Pressbox written by Jane Mooreman

The Best Husband Award Goes to Me: How to Be a Better Husband and Learn to Recognize the Mistakes You Make, Change the Way You Treat Your Wife, and Make Her Fall in Love with You Again written by Martha B. Bailey

The Ranch Detectives: Small-Town Mysteries written by Susan Garner Mitchell

How to Not Clean the Kitchen written by Tamra Carter

Capital Creations: Crafting Your Own Wealth Narrative and Reach Financial Freedom written by Lara Baytol

Retirement Activities: Embracing Life's New Chapter: Things to Do to Explore, Prosper, and Achieve Your Dreams Post-Retirement written by Lorie Eubank

Parenting an Explosive Child With ADHD: The 2.0 Guide for Raising Emotionally Intelligent Kids with a Fast Mind written by Julia Collins, narrated under the name Laura Richardson

Liberation Psychology: 7 Steps to Self-Rejuvenation written by Julius Spes

The Beautiful Life written by Natividad

Love As One written by Marilyn R. Reid

The ChatGPT Advantage: Transform Your Business with Artificial Intelligence-4 Books in 1 written by Diana Sterling

10 Lessons School Won't Teach You to Reach Your Goal and Happiness in Life written by Stephen W.

Stop Being Invisible: Taking Your Business to the Next Level With a Proven \$2 Billion Public Relations Strategy written by Hugh Taylor CEO of Comms Factory

The New Witch Spellbook; A Magic Guide for Real Wicca Incantations written by Adam Vogtli

Discover Your Green Witch Path: Guide to Practicing the Magick in Plants & Herbs for Spellcasting, Rituals, Recipes & More to Create Harmony & Balance Within, You, Your Spirit & Those Around You written by Delphina D'Andres

Love After Infidelity; A Story of Recovering from Heartbreak, Breakup and How to Regain Relationship written by W. Hart

The Money Smart Mermaid; How to Get, Save and Spend Money written by Matilde Leon

Discover Hidden Bible Sexual Freedom Book 4: Freeing All Guilt and Shame. Not Taught in Bible Colleges or Church written by Inkaboutit4u

Discover Hidden Bible Sexual Freedom Book 3: Freeing All Guilt and Shame. Not Taught in Bible Colleges or Church written by Inkaboutit4u

Discover Hidden Bible Sexual Freedom Book 2: Freeing All Guilt and Shame. Not Taught in Bible Colleges or Church written by Inkaboutit4u

FASCINATING Stories for Kids Ages 4-12: Entertaining Bedtime Stories About Courage, Self-Confidence, Morality and Humanity written by HNM Books

My Sister's Husband's Hucow; Oh Daddy! written by Hayden Ash

Organize Your Life; Relax and Unwind With An Organized House, Life, and Mind written by Kristen Willet

10-Day Green Smoothie Cleanse for Weight Loss. Sip Up, Slim Down! Lose weight and Gain Your Body Back Lose up to 15 Pounds in 10 Days! written by Tanya Simons

60 Most Delicious Coconut Oil Recipes for A Perfect Weight Loss written By Tanya Simons

Getting Rid of Negative Thoughts; The Power of Positive Thinking written By Valentina Maris

Gaslighting & Narcissistic Abuse Recovery Secrets; Recognize Covert Narcissist Relationships. Recover from Hidden Emotional & Psychological Abuse and Finally Break Free from the Toxic Manipulation! written by Firebird Publishing House

ADHD: Raising an Explosive Child; A New Approach to Parenting and Empowering Complex Kids. Discover Emotional Control Strategies to Help Your Children Self-Regulate (Including Yell-Free Disciplining) written by Firebird Publishing House

Gaslighting: The Complete Guide to Identifying, Handling & Avoiding Manipulation. Recover from Emotional Abuse and Build Healthy Relationships written by Linda Hill.

Stop Overthinking; Evidence-Based Tips and Techniques to Conquer Negative Thoughts, Manage Anxiety and Quickly Calm the Mind written by Linda Hill

Codependency Recovery Guide; A Woman's Guide to Stop Being Codependent, Find Inner Freedom and Never Be Needy Again written by Linda Hill

Borderline Personality Disorder; How to Talk to Loved Ones About BPD, Reduce Conflict, Manage Their Emotions, and Recover from Emotional Abuse written by Linda Hill

The Holistic Book of Herbal Medicine & Natural Remedies; The 7-Step Herbalism Guide for Beginners to Overcoming Common Ailments from Home (Includes 73 Ancient Antibiotics)
written by Small Footprint Press

The Pony Express Heroes written by Susan Garner Mitchell

Hangry for Sex; The Benefits of Regular Sexual Activity and How to Better Achieve It written by Kimber Austin

Wake; Fairy Tales and Other Stories of Wisdom, Kindness and Compassion written by NahMo

YouTube:

The Windows Club (<https://youtu.be/i4jQodzAoPk>)

CryptoFlix (<https://youtu.be/LKl6n8U0npY>)

Medicinal Backyard (<https://youtu.be/A80oMOkGXPo>)

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